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IN ASSOCIATION
WITH:



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BANKING DETAILS ON REQUEST

NEWSLETTER

FEBRUARY 2015



Time marches on; I can't believe January is already behind us. Perhaps the old adage "**the older you get the faster time passes you by**" has some truth in it?

As birthdays come and go, they seem to get closer and closer together. It's a common feeling across all cultures. As you get older, time feels as though it's going faster. But why? Well, the only correct answer to this question is: nobody knows. The brain is a complex instrument and [time perception](#) is the result of many areas of the brain working together. We just don't know how it works. However, here is one hypothesis:

Proportional time

A proposed explanation is that when you're 5 years old, an extra year of your life is a massive 20% of your memories. When you're 50, another year is only 2%. Therefore that extra year feels less significant as it accounts for a much smaller proportion of your memories.

2015 Planning

★ [New Additions](#)

Our planning is ongoing and we will provide full tour details once planning is completed

In our January newsletter we released some fixed and provisional tour dates.

The following schedule is an updated version of this and we will continue to provide additional information in future newsletters, as planning progresses: **(Tour dates in blue are confirmed).**

- [28th February \(Saturday\): Harvest Festival / Muratie / Stellenbosch.](#)
- [12th April: \(Sunday\): Cape Point Vineyards Restaurant-Noordhoek](#) ★
- [15th-18th April: Foodie tour to Knysna & Plettenberg Bay.](#)
- [10th—15th May: Mount Camdeboo Private Game Reserve \(Request a brochure\),](#)
- [14th June: Sunday Outing](#) (Planning stage). ★
- [18th-20th June: Sutherland](#) (Planning stage).
- [7th-17th July: Namibia, including Etosha National Park \(Request a brochure\)](#)
- [9th August: Sunday Outing](#) (Planning stage),
- [12th-16th August: Flower Tour I: Nieuwoudville \(Request a brochure\)](#)
- [29th August \(Saturday\): West Coast Park Flowers](#) (Planning stage),
- [11th-13th September: Whale Watching – Hermanus](#) (Planning stage),
- [11th October: Sunday Outing](#) (Planning stage),
- [6th December \(Sunday\): Mystery Venue](#) (Planning stage),
- **On the horizon planning: Cruise on a luxury liner / Train trip / Victoria Falls & Chobe / Lalibela Game Reserve** ★

ON THIS PAGE:

COST OF THE DAY

is R330 per person and covers transport only. Lunch and other refreshments are for your own account.

BOOKINGS

by Monday 16th February & payments by Friday 20th February

COACH DEPARTS:

Constantia Village Shopping Centre: 08h45
& Tableview Shopping Centre: 09h30

MURATIE HARVEST FESTIVAL

HARVEST FESTIVAL @ MURATIE

Saturday 28th February 2015



Loads of freshly-harvested grapes to stomp.

The Melck family will once again be hosting their annual harvest festival at Muratie Estate in Stellenbosch. The festival which takes place under the ancient oaks that guard this historic wine estate, is a celebratory family event featuring good food, fine wine, great company, live music and lots of fun stomping the newly harvested grapes.

The day will begin at 11h30. Entrance is free of charge and visitors will receive a complimentary glass of Muratie wine on arrival. Food, wine and cold drinks will be on sale. Hamburgers and cheese platters will be on sale and Muratie's full range of wines will be available by the glass or by the bottle. All drinks must be purchased on the farm. Cellar and vineyard tours will be on offer as well as a vertical wine tasting for 20x people at 12h00 at R100 per head. (when you taste several vintages of a single bottling—or, at least, a single winery's bottling). And, to add to the fun, there will be loads of freshly-harvested grapes to stomp. After lunch, guests will be able to relax and enjoy a memorable afternoon of live music performed by the popular **Kitchen Jammin Blues Band**.

COST OF THE DAY

will be published following our site visit on 1st February.

BOOKINGS

by Monday 30th March & payments by Friday 3rd April

COACH DEPARTS:

Tableview Shopping Centre: 10h30 & Constantia Village Shopping Centre: 11h15
(Times are provisional)

CAPE POINT VINEYARDS

CAPE POINT VINEYARDS RESTAURANT

Sunday 12th April 2015



Award Winning Restaurant & Winery in Noordhoek

The Cape Point Vineyards are located in a unique setting with 360 degree views of Noordhoek beach, mountains, fynbos, vineyards, and glorious sunsets over the Atlantic ocean.

The restaurant serves rustic Italian lunches and dinners prepared by head chef Clayton Bell, who believes in uncomplicated dishes prepared with outstanding ingredients. Meals are served inside the banquet hall and on the deck.

The **Cape Point Vineyards Picnic Deli** is now open Tuesdays - Sundays (excl event days). Spend an idyllic afternoon relaxing on Cape Point Vineyards rolling waterside lawns and enjoying the magnificent views!

There is also a **Community Market** every Thursday from 4:30 to 8:30pm.

Join the Noordhoek community enjoying the best of local fare, fine wines, craft beers.

We will be taking a decision whether to book the restaurant or the picnic, after our site visit, and will then provide cost details and confirm times etc.



Traveltime
exclusive tours

Full details and reports are available on our website:
www.traveltime.co.za

FOODIE TOUR TO KNYSNA & PLETTENBERG BAY

15th—18th April



Accommodation
has been booked!

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When we did our Grahamstown tour in 2014 a lot of you met **Ritchie Rich** who prepared our Friday night dinner for us in-house at **Christiana Lodge**.

This is where the seed was sown for the cookery courses. Ritchie Rich will be offering us cookery mornings – nothing too hectic – just easy mornings having fun watching and interacting with Ritchie in the kitchen of Christiana Lodge (and even getting your hand in – Ritchie might ask you to help him do the preparation).

During our two mornings with Ritchie he will cover

“Let me to sharpen your knife skills!” / “Do you want to know how to make your own pasta?” / “Learn how to make authentic French macaroons and other international delicacies!” Or (at our discretion) Ritchie will prepare “what we wish to learn.”

It won't be “all cooking” as we will also visit local attractions such as **Kilzers Kitchen** & the **Montessori night market** for dinner as well as a visit to the ever popular Sedgefield Morning Market.

Our accommodation will be at **Christiana Lodge** in Plettenberg Bay, an architect-designed space of light-filled interiors.

For full details and pricing, please request a tour brochure or visit our website

MOUNT CAMDEBOO PRIVATE GAME RESERVE

10th—15th May 2015

We already have 9 confirmed bookings



Accommodation
has been booked!



Repeated by
popular demand



Join us on a road trip through **Prince Albert and Graaff Reinet** to this spectacular **5 star private game reserve** in the mountains. Enjoy an early morning game drive followed by brunch, high tea, afternoon game drive and dinner in the comfortable Camdeboo Manor or in the boma.

Experience sunsets & sun-downers in the bush under the guidance of professional guides.

Get to see what our 2014 group are talking about! **Read the 2014 tour report, with photos, on our website:** <http://www.traveltime.co.za/portfolio/mount-camdeboo-private-game-reserve>

For full details and pricing, please request a tour brochure, or visit our website

SUTHERLAND

18th—20th June 2015

Planning Stages



Accommodation
has been booked



We have visited Sutherland 4 times over the past 8 years and have spent various periods from 1 to 3 nights in the coldest town in South Africa. Our planned tour this year will see us staying two nights, with the tour duration being 3 days. The main purpose of our visit is of course to see Matjiesfontein, the SALT telescope and to experience star gazing in the Karoo with Jurg Wagener and his computerized telescopes.

Read previous tour reports on our old website: (1) http://traveltime.co.za/old_site/traveltime/previous/sutherland_09.htm and (2) http://traveltime.co.za/old_site/traveltime/previous/Sutherland131.htm **For full details and pricing on the current tour, please request a tour brochure**

NAMIBIA

7th—17th July 2015

We already have 10 confirmed bookings



Accommodation &
Flights are booked



We fly into Windhoek and spend 1 night pre and post tour, 2 nights in Sossusvlei (highest dunes in the world), 2 nights in Swakopmund / Walvis Bay before driving through Damaraland (1 night) into Etosha National Park (3 nights). We then return to Windhoek. Total 11 days 10 nights. **Read previous tour reports on our old website:** (1) http://traveltime.co.za/old_site/traveltime/previous/Namibia09.htm and (2) http://traveltime.co.za/old_site/traveltime/previous/Namibia09.htm

For full details and pricing, please request a tour brochure, or visit our website

SPRING FLOWERS 12th—16th August 2015



Accommodation
has been booked!



The first day will be spent in the West Coast National Park (Postberg Reserve) with an overnight stop in Paternoster. We then head up to Clanwilliam before checking into our guest house in Nieuwoudtville where we will stay for the next 3 nights. Visits to Matjiesfontein, Papkuilsfontein and Hantam Botanical Garden are planned. [Read the 2014 tour report, with photos, on our website: http://www.traveltime.co.za/portfolio/spring-flowers-2014](http://www.traveltime.co.za/portfolio/spring-flowers-2014)

For full details and pricing, please request a tour brochure

OTHER PLANS (ON THE HORIZON) FOR 2015



Planning
underway



- We have previously put together a tour to **Victoria Falls (Zambia), including Chobe National Park** in Botswana, but this was cancelled due to low passenger numbers. It is time to re-look at this again. **We will be suggesting proposed dates shortly. (Need to check the rainy season!)**
- What about a **train or boat trip** this year? We will be investigating these as well. (Possibly Nov / Dec 2015)
- In October 2010 Carol took a group to **Lalibella Game Reserve** near Grahamstown. Passengers still talk about the special time they had on this tour. Brian never had the chance to travel with them, so perhaps it is time to visit Lalibella again. They normally have winter specials.
- We will also be doing the annual day trip into the **West Coast Park** to see the **spring flowers** (Saturday 29th August)
- In 2014 we planned to do a few **Sunday lunches** in the country but never managed to do these. In 2015 these will definitely take place.

Make a provisional booking to allow us to gauge potential interest.

- As a point of interest, Carol is launching Time Out into Sea Point / Bantry Bay / Camps Bay. This means that prospective members will also be able to join our Traveltime tours. The new area Time Out outings will take place on a Tuesday and will not influence the present Thursday outings in any way..

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END